

# APTA Louisiana 2024 Fall Meeting

August 16-18, 2024 Crowne Plaza Executive Center Baton Rouge, Louisiana

# Featured Speakers:

The Shoulder Course & Beyond (11 hours)

by Kevin E Wilk, PT, DPT, FAPTA



Why Does My Belly Hurt? Updates on Functional Abdominal Bloating/Distension and Abdomino-Phrenic Dyssenergia (2 hours) by Susan C. Clinton, PT, DScPT, OCS, WCS, FAAOMPT, NBC-HWC



by Sara Reardon PT, DPT, WCS

Rehabilitation of the body through the Pelvic Floor: Front to Back, Head to Toe (7 hours)

by Nicole L. Dugan, PT, DPT, MSOD, CLT, WCS

### **Research Presentations**

by Daniel Flowers, PT, DPT, PhD, OCS (1 hour)

Global Scar Tissue Impact for Ortho and Pelvic Floor Consideration: Body, Brain, Movement and Emotion

by Jennifer Arceneaux, PT, DPT (2 hours)

**Men Have Pelvic Floors Too** 

by William Mills, PT, DPT (2 hours)







## Tentative Schedule of Events

### Friday August 16, 2024 - 3.5 Clinical, 1 Administrative, 2 Jurisprudence CE Hours

APTA Louisiana Board of Directors' Meeting

10:00am—12:00pm Jurisprudence hosted by Louisiana Physical Therapy Board (2.0 CE Hours) 12:00pm—6:00pm **Registration Opens** 

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1:00pm—2:00pm Research Presentations (1.0 CE Hour)

1:00pm—5:00pm Exhibit Setup

9:00am-1:00pm

2:00pm—5:30pm The Shoulder Course & Beyond - Kevin E. Wilk (3.5 CE Hours)

2:00pm—4:00pm Why Does My Belly Hurt? Updates on Functional Abdominal Bloating/Distension

and Abdomino-Phrenic Dyssenergia - Susan C. Clinton (2.0 CE Hours)

4:00pm—5:30pm Helping Patients Prepare for Birth and Recover Postpartum: A Pelvic Therapy

Perspective - Sara Reardon (1.5 CE Hours)

5:00pm Exhibits Open

5:30pm—7:00pm Welcome Reception with Exhibitors

6:30pm—8:00pm Committee Meetings

8:00pm PT Pub Night - Mid City Beer Garden \*ALL ARE WELCOME TO JOIN!\*

### Saturday August 17, 2024 - 7.5 Clinical CE Hours

7:00am—5:30pm Registration

7:00am—8:00am Exhibits Open - Continental Breakfast in Exhibit Hall

8:00am—10:00am The Shoulder Course & Beyond - Kevin E. Wilk (2.0 CE Hours)

Rehabilitation of the body through the Pelvic Floor: Front to Back, Head

to Toe - Nicole L. Dugan (2.0 CE Hours)

10:00am-11:00am Exhibit Break

11:00am—12:30pm The Shoulder Course & Beyond - Kevin E. Wilk (1.5 CE Hours)

Rehabilitation of the body through the Pelvic Floor: Front to Back, Head

to Toe - Nicole L. Dugan (1.5 CE Hours)

12:30pm—2:00pm APTA Louisiana Business Meeting with Lunch & Awards

2:00pm—3:30pm The Shoulder Course & Beyond - Kevin E. Wilk (1.5 CE Hours)

Rehabilitation of the body through the Pelvic Floor: Front to Back, Head

to Toe - Nicole L. Dugan (1.5 CE Hours)

3:30 pm - 3:45 pm Break

3:45pm—6:15pm The Shoulder Course & Beyond - Kevin E. Wilk (2.5 CE Hours)

Rehabilitation of the body through the Pelvic Floor: Front to Back, Head

to Toe - Nicole L. Dugan (2.5 CE Hours)

### Sunday August 18, 2024 - 4.0 Clinical CE Hours

7:30am—8:00am Continental Breakfast

8:00am—10:00am Scars and Their Impact on the Body, Mind, and

Movement - Jennifer Arceneaux (2.0 CE Hours)

10:00am-10:15am **Break** 

10:00am—11:45am Men Have Pelvic Floors Too - William Mills (2.0 CE Hours)

## Conference Information

### Registration is available now!

Please visit the APTA Louisiana website, www.aptala.org, and follow the links to the online registration system.

### **ACCOMODATIONS**

Crowne Plaza Executive Center 4728 Constitution Avenue Baton Rouge, LA 70808 (225) 925-2244 or (800) 678-4065

Rate: \$106.00 per night (Single or Double)

Registrants must make their own room reservations. Please identify yourself with "APTA Louisiana" to receive the group rate (group code for online booking is <u>PTA</u>). Please reserve your room early. The hotel guarantees the availability of our room block, at the above rates, only for reservations made on or before July 16, 2024. Please call to verify availability regardless of when arrangements are made.

**Book your room today!** 

### **ELIGIBILITY/TARGET AUDIENCE**

Physical Therapists, Physical Therapist Assistants, PT Students, PTA Students, Athletic Trainers, and other licensed healthcare professionals.

## <u>CONTINUING EDUCATION HOURS</u> (18 HOURS AVAILABLE TOTAL INCLDUING JURISPRUDENCE)

#### **FRIDAY**

Jurisprudence hosted by the Louisiana Physical Therapy Board (2 hours)

Research Presentations by Daniel Flowers, PT, DPT, PhD, OCS (1 hour)

The Shoulder Course & Beyond - Kevin E Wilk, PT, DPT, FAPTA (3.5 CE Hours)

Why Does My Belly Hurt? Updates on Functional Abdominal Bloating/Distension and Abdomino-Phrenic Dyssenergia - Susan C. Clinton, PT, DScPT, OCS, WCS, FAAOMPT, MBC-HWC (2.0 CE Hours)

Helping Patients Prepare for Birth and Recover Postpartum: A Pelvic Therapy Perspective - Sara Reardon PT, DPT, WC (1.5 CE Hours)

### **SATURDAY**

The Shoulder Course & Beyond - Kevin E. Wilk, PT, DPT, FAPTA (7.5 CE Hours)
Rehabilitation of the body through the Pelvic Floor: Front to Back, Head to Toe - Nicole L. Dugan, PT, DPT, MSOD, CLT, WCS (7.5 CE Hours)

### SUNDAY

Scars and Their Impact on the Body, Mind, and Movement - Jennifer Arceneaux, PT, DPT (2.0 CE Hours) Men Have Pelvic Floors Too - William Mills, PT, DPT (2.0 CE Hours)

## Conference Information

### REGISTRATION

Register early to receive the discounted early bird registration rate, July 29, 2024. Enclose all registration fees with your form. Cancellations may be made through August 2, 2024 without penalty. After August 2, a \$50.00 cancellation fee will apply up to 48 hours prior to the meeting, after which all fees are forfeit. Pre-Registration will close on August 9, 2024. On-Site Registration will be available.

Exhibit hall ONLY passes do not include drink tickets for the Welcome Reception. Drink tickets can be purchased at the registration desk. Although provisions will be made for unregistered members to attend the business meeting, lunch on Saturday will be served only to registrants and to non-registrants who purchase a luncheon ticket.

#### **WELCOME RECEPTION**

The Welcome Reception will be held on Friday, August 16, 2024 from 5:30 pm till 7:00 pm in the exhibit hall. Take this opportunity to catch up with colleagues and visit with our exhibitors! Two drink tickets are included with Friday registration, Full Conference registration or a guest ticket.

#### **CONTINENTAL BREAKFASTS**

Continental breakfast will be served on Saturday and Sunday morning. Saturday morning breakfast will be in the Exhibit Hall, and Sunday morning breakfast will be in the registration area.

### RESEARCH PRESENTATIONS

Research presentations will be held on Friday from 1:00 pm-2:00 pm.

#### **COMMITTEE MEETINGS**

Committee Meetings are scheduled on Friday from 6:30 pm—8:00 pm.

#### **BUSINESS MEETING AND LUNCHEON**

The Business Meeting and Luncheon will be held on Saturday, August 17, 2024 from 12:30 pm—2:00 pm. The purpose of this meeting is to inform you of the accomplishments APTA Louisiana has made over the past year and the future direction of APTA Louisiana. Election results will also be announced. Awards will be presented for the Friend of Physical Therapy, APTA Louisiana Hall of Fame, Physical Therapist Assistant Distinguished Service Award, Dave Warner Distinguished Service Award.

We are pleased to announce that APTA Louisiana continues to Go Green! Accordingly, the Fall Meeting lecture notes will be emailed and available on the website ahead of time for you to download for reference and use. Note booklets are available for purchase during pre-registration and on-site for an additional cost of \$20.

### DRESS/ATTIRE

During the Fall educational seminar and business meeting of APTA Louisiana, we will have several special guests in attendance. To help promote the Physical Therapy Community as a doctoring profession, and as independent practitioners, we are asking all attendees to dress similar to business casual attire for the weekend courses. Suggested attire would include: collared shirts, blouses, casual pants, or jeans in good repair with appropriate shoes or sandals. T-shirts, shorts, scrubs and flip flops are discouraged. We encourage all attendees to join us in "Seersucker Saturday"! Dress in your best Seeksucker attire!



## Call for Abstracts

### **APTA LA Fall Meeting Research Presentations Session**

The APTA LA will host a Research Presentation section as part of the CEU session on the Friday evening of the upcoming Fall Meeting (August 16-18, 2024). The one-hour Research Presentations Session will consist of four platform presentations, and simultaneous poster presentations. All are encouraged to apply for participation including PTs, PTAs, PT students, and PTA students. Submissions will be reviewed and accepted by the Research Committee, with assistance from the APTA LA Board as necessary. Platform and poster presentations will be accepted based upon quality of the work, and the desire to provide a diverse selection of presentations. Completed research projects are preferred; however, case reports and proposed studies/theory designs are acceptable. Any submission that is not used in the presentation for CEU credits will be encouraged to be presented in poster format.

### Abstract Submission Deadline: Friday, July 5, 2024 at 11:59PM

All abstracts must be submitted via e-mail to Daniel Flowers, APTA LA Research Chair: <a href="mailto:daniel.flowers@lsuhs.edu">daniel.flowers@lsuhs.edu</a>.

### Formatting Requirements for Abstracts:

A structured abstract of no more than 250 words, with references provided, is required. The word count does not include title, author names, or references. Citations may follow any professional guidelines, as long as they are consistent and correct. For formal research projects, the sections should include: Background, Methods, Results, and Discussion/Conclusions. For Case Reports or Proposed Study/Theory, the sections should include: Background, Design/Case/Theory, and Discussion.

The abstract should include a title, all authors, the abstract itself, and references. The authors should indicate whether they are submitting for a platform or poster presentation immediately after the abstract, and if applying for a platform presentation, whether they would be willing to provide a poster presentation if not accepted for a platform. Only four platform submissions will be accepted due to time constraints.

All completed projects/reports with human participants must include a statement indicating the project received Institutional Review Board approval or exemption.

Respectfully submitted,
Daniel W. Flowers, PT, DPT, PhD
APTA LA Research Chair
daniel.flowers@lsuhs.edu
318-813-2958

### **APTA LA 2024 FALL MEETING REGISTRATION FORM**

Name:	Badge Nickname:		
Spouse/Guest Badge (if ap	plicable):		
Company:			
Address:			
		Zip:	
Telephone:	Em	ail:	
Licensure: PT PTA	PT Student P	TA Student ATC Other	
Membership: APTA/APTA Lo	ouisiana Member	Non-Member	
Full Conference (Excluding Et	hics):		
PT/PTA Member PT/PTA Non-Member APTA Life/Resident Member Student Member Non-Student Member	\$420.00 \$560.00 \$280.00 \$160.00 \$280.00	  	
Friday/Saturday Only:		Saturday/Sunday Only:	
PT/PTA Member PT/PTA Non-Member APTA Life/Resident Member Student Member Non-Student Member	\$315.00 \$435.00 \$225.00 \$125.00 \$225.00	PT/PTA Non-Member APTA Life/Resident Member Student Member	\$330.00 \$440.00 \$220.00 \$115.00 \$225.00
Friday OR Sunday Only:		Saturday Only:	
PT/PTA Member PT/PTA Non-Member APTA Life/Resident Member Student Member Non-Student Member	\$125.00 \$140.00 \$75.00 \$45.00 \$75.00	PT/PTA Member PT/PTA Non-Member APTA Life/Resident Member Student Member	\$270.00 \$340.00 \$165.00 \$100.00 \$165.00
Conference Add Ons:			
Spouse/Guest Business Luncheon Exhibit Only Pass - Member* Exhibit Only Pass - Non-Memb Lecture Notes *Pass does not include drink ticket	er* \$25.00 \$20.00 <b>s</b>	Conference Total:	
•		ation category. Exact change requested for onsite	cash payments.
	iisiana 0199, Baton Rouge, LA '25) 922-4614; Fax: (22		
Payment Method (Please Circle	e): Check Enclosed	American Express Discover Master (	Card Visa
Card Number:		Exp Date:	
CVV:Cardholders	Name:		
For guestions or to register by pho	one nlease call (225) C	922-4614 For the security of your data pleas	e do not email credit card

Check here if you have a disability and may require an accommodation. You will be contacted to discuss your needs.

information. FAX your registration to (225) 408-4422. Registration is also available online at www.aptala.org.



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